

KNOW YOUR SPOUSE

Test the strength of your marriage in this relationship quiz

TRUE/FALSE

1. I can name my partner's best friends.
2. I can tell you what stresses my partner is currently facing.
3. I know the names of some of the people who have been irritating my partner lately.
4. I can tell you some of my partner's life dreams.
5. I can tell you about my partner's basic philosophy of life.
6. I can list the relatives my partner likes the least.
7. I feel that my partner knows me pretty well.
8. When we are apart, I often think fondly of my partner.
9. I often touch and kiss my partner affectionately.
10. My partner really respects me.
11. There is fire and passion in this relationship.
12. Romance is definitely still a part of our relationship.
13. My partner appreciates the things I do in this relationship.
14. My partner really likes my personality.
15. Our sex life is mostly satisfying.
16. At the end of the day my partner is glad to see me.
17. My partner is one of my best friends.
18. We just love talking to each other.
19. There is lots of give and take (both people have influence) in our discussions.
20. My partner listens respectfully, even when we disagree.
21. My partner is usually a great help as a problem solver.
22. We generally mesh well on basic values and goals in life.

SCORING: give yourself one point for each "true" answer.

Above 12 – you have a lot of strength in your relationship, congratulations.

Below 12 – your relationship could stand some improvement and could probably benefit from some work on the basics, such as improving communication.